

YOU

supported.



Employee Assistance Program (EAP)

- + Employee Assistance Program (EAP) is a confidential service that provides employees with access to a variety of resources, including counseling, coaching, and referrals to external services.
- + EAP is available to all employees, regardless of their position or tenure with the organization.
- + EAP is a free service that is provided to employees as a benefit of their employment.
- + EAP is available to employees and their family members.
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Behavioral Health plan

- + Behavioral Health plan is a confidential service that provides employees with access to a variety of resources, including counseling, coaching, and referrals to external services.
- + Behavioral Health plan is available to all employees, regardless of their position or tenure with the organization.
- + Behavioral Health plan is a free service that is provided to employees as a benefit of their employment.
- + Behavioral Health plan is available to employees and their family members.



Employee Assistance Program (EAP)	Behavioral Health plan
+ Your EAP benefit includes: • 24/7 availability. You can get help at any time of day or night, 7 days a week. • Confidentiality. Your information is kept private and secure. • No extra cost. EAP services are provided at no cost to you. • Family support. You can get help for yourself and your family members. • Digital support tools and resources. You can access helpful tools and resources online.	+ Your Behavioral Health benefits include: • Quality care. You can get help from licensed professionals. • Convenience. You can get help in person or virtually. • Personalized support. You can get help tailored to your needs. • Family support. You can get help for yourself and your family members. • Digital support tools and resources. You can access helpful tools and resources online.
+ EAP provides up to 5 sessions either in person or virtually for each issue or problem at no cost to you. After these visits, additional visits could be covered as a Behavioral Health benefit. + Your benefit renews each year.	+ You can get help for yourself and your family members. + You can get help in person or virtually. + You can get help tailored to your needs.
+ Your employer will not be notified if you utilize EAP services.	+ Behavioral Health services are confidential in accordance with federal and state laws.
+ Contact your EAP services by calling: 888-625-4809	+ Contact your Behavioral Health plan by calling the number on the back of your insurance card.

To learn more about the specific EAP and Behavioral Health benefits available to you, visit liveandworkwell.com. Log in with your HealthSafeID™ or company access code: VEBA

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. © 2023 UnitedHealthcare Insurance Company. All rights reserved. VEBA is a registered trademark of UnitedHealthcare Insurance Company. HealthSafeID is a trademark of UnitedHealthcare Insurance Company.